

March 5, 2020 Novel Coronavirus Case in Tochigi Prefecture (Case No. 2)

Active Epidemiological Investigation

March 20, 2020

The confirmed results of the active epidemiological investigation of the case of novel coronavirus (Case 2) declared on March 5 in Tochigi Prefecture are as follows.

【Patient Summary】

1. Age: 30s
2. Sex: Female
3. Residential area: In the service area of the Tochigi Prefectural South Health and Welfare Center
4. Symptoms and progression:

February 25	Fever (37.4°C) and throat discomfort
February 27	Examined at Medical Institute A in Tochigi Prefecture (local doctor) and prescribed fever reducers for a cold (wore a mask).
February 28	Fever broke (No fever again until March 6). *Continued taking fever reducers until March 3.
March 1	After hearing about the alert regarding live music venues in Osaka Prefecture, the patient contacted the Utsunomiya Public Health Center and reported that she had been in brief contact (talking in close quarters) with an acquaintance from outside of Tochigi who had been at a venue in Miyakojima Ward, Osaka on February 22 (Arc).
March 5	After hearing about an alert regarding a venue the patient had attended in Kita Ward, Osaka (Soap opera classics Umeda), the patient contacted the Utsunomiya Public Health Center with a normal temperature (36.9°C) and stomachache. The Utsunomiya Public Health center contacted the Prefectural South Health and Welfare Center, and the patient was examined at Medical Institute B (the outpatient clinic for those who have returned from overseas or been in close contact with coronavirus patients) at 2 PM (wore a mask and traveled by car). Tested via PCR and confirmed positive.
March 6	Hospitalized at a designated infectious disease facility in Tochigi Prefecture (traveled by car at 11 AM). No symptoms present at the time of hospitalization other than mild stomachache.
<u>March 12</u>	<u>Discharged from the hospital.</u>

5. Patient Behavior History

- February 22 Attended a live music venue in Osaka Prefecture. Was in close contact for about ten minutes with an acquaintance who had attended a venue in Miyakojima Ward, Osaka (Arc) (Conversation in close quarters, not wearing masks).
- February 23 Attended a live music venue in Kita Ward, Osaka City (Soap opera classics Umeda) from 7 to 9 PM (did not wear a mask).
- February 24 Attended a live music venue in Osaka Prefecture. Traveled from Osaka to the station nearest her home via Shinkansen and other public transportation. Traveled home from the station in a car driven by her father (did not wear masks).
- February 25 Went to work at Utsunomiya Interpark Loft (Utsunomiya City). Traveled by car.
- Developed a sore throat while working and had a fever after arriving home (37.4°C).
 - Works in sales and primarily stocks items. Briefly worked at the register (Work hours: 9:30 AM-6:30 PM. Did not wear a mask)
 - The Utsunomiya Public Health Center is currently looking into the condition of the patient's workplace colleagues.
- February 26-March 5 Did not go to work (wore a mask during this period).
- February 27 After being examined at Medical Institute A, shopped for about 10 minutes in the service area of the Prefectural South Health and Welfare Center (wore a mask and traveled by car).
- March 2 Shopped for about one hour in the service area of the Prefectural South Health and Welfare Center (wore a mask and traveled by car).

6. People in Close Contact with the Patient

- As of now, only the patient's father has been in contact with the patient. He has not shown any symptoms and was tested via PCR on March 6 and confirmed negative.
- The following is requested of anyone who has been in close contact with the patient:
 1. Remain on standby at home until you have received a clear test result
 2. If you have no symptoms and you have tested negative, observe your condition for 14 days beginning on the last day you had contact with the patient
 3. If you develop symptoms, contact the Prefectural South Health and Welfare Center and receive examination
- No one in particular was in close contact with the patient while shopping on February

27 or March 3, or during examination at Medical Institute A on February 27, as the patient wore a mask.

- The patient's workplace has voluntarily closed for the time being, and it is being sanitized and is reporting information on anyone in close contact with the patient to the Utsunomiya Public Health Center.

7. Philosophy on Publicizing Case Details

- We believe it is necessary to create a balance between protecting patient privacy and publicizing patient information that is needed for preventing the spread of infection.

- The patient's behavior history during the period when the infection may have been passed on to others (beginning on March 25) has been publicized within the scope necessary to prevent the spread of infection.

- In contrast, the patient's behavior history outside of the period when the infection may have been passed to others (March 24 and earlier) is not believed to be necessary for preventing the spread of infection, so it has not been publicized.