

April 7, 2020 Novel Coronavirus Case in Tochigi Prefecture (Case No. 20)

Active Epidemiological Investigation (Report No. 1)

April 8, 2020

The confirmed results of the active epidemiological investigation of the case of novel coronavirus (Case 20) declared on April 7 in Tochigi Prefecture are as follows. *The information announced today is underlined.

【Patient Summary (Case 20)】

1. Age: 20s

2. Sex: Male

3. Residential area: Tochigi City

4. Symptoms and progression:

April 3-4 Cough, runny nose, fatigue, diarrhea, loss of smell and taste

April 5 Vomiting in addition to the above symptoms. The patient contacted the Ansoku Health and Welfare Center (hereinafter “Center”) by phone regarding only the loss of taste and was instructed to call back if a fever appeared.

April 6 Examined at a medical institution in the service area of the Center. The institution contacted the Center and samples were collected.

April 7 Tested via PCR and confirmed positive and hospitalized at a medical institution in Tochigi Prefecture.

5. Patient Behavior History

*Traveled by car and did not wear a mask when going out.

March 27-April 2 Went to work at a workplace in Sano City. After work, spent several hours at pachinko facilities in Sano and Tochigi Cities, then went to an acquaintance (Case 24)’s home.

April 3-4 Went to work.

April 5-6 Stayed home other than for medical examination.

6. People in Close Contact with the Patient

• A total of four colleagues and acquaintances were in close contact with the patient. They were tested via PCR on April 8 and two were confirmed positive. Other details regarding the patient’s workplace are under investigation.

• None in the medical facilities due to appropriate infection prevention measures.

7. Philosophy on Publicizing Case Details

- We believe it is necessary to create a balance between protecting patient privacy and publicizing patient information that is needed for preventing the spread of infection.
- The patient's behavior history during the period when the infection may have been passed on to others (beginning on April 3) has been publicized within the scope necessary to prevent the spread of infection.
- In contrast, the patient's behavior history outside of the period when the infection may have been passed to others (April 2 and earlier) is not believed to be necessary for preventing the spread of infection, so it has not been publicized.