

April 13, 2020 Novel Coronavirus Case in Tochigi Prefecture (Case No. 36)  
Active Epidemiological Investigation (Report No. 1)

April 15, 2020

The confirmed results of the active epidemiological investigation of the case of novel coronavirus (Case 36) declared on April 13 in Tochigi Prefecture are as follows. \*The information announced today is underlined.

【Patient Summary (Case 36: Wife of Tochigi Prefecture Case 35)】

1. Age: 30s
2. Sex: Female
3. Residential area: Tochigi City
4. Symptoms and progression:

April 10	Flushing of the face, nasal congestion
April 11	Throat discomfort, diarrhea, fever (37°C range)
April 12	Fever (37°C range), headache, cough, nasal congestion, phlegm. Examined at an outpatient clinic for those who have returned from overseas or had contact with confirmed coronavirus patients, on the basis of having had close contact with another patient. Samples collected.
April 13	Fever (37°C range), headache, fatigue. Tested via PCR and confirmed positive.
<u>April 15</u>	<u>Hospitalized at a medical institution in Tochigi Prefecture.</u>

5. Patient Behavior History

- Accompanied husband (Case 35) to be examined on April 10 by car. Stayed at home afterward.
  - Stayed home after husband (Case 35) was confirmed positive on April 11 on the basis of having had close contact with another patient.
- \*Generally wears a mask when going out.

6. People in Close Contact with the Patient

- Only the patient's husband (Case 35).
- None in the medical facilities due to appropriate infection prevention measures.

7. Philosophy on Publicizing Case Details

- We believe it is necessary to create a balance between protecting patient privacy and publicizing patient information that is needed for preventing the spread of infection.

- The patient's behavior history during the period when the infection may have been passed on to others (beginning on April 10) has been publicized within the scope necessary to prevent the spread of infection.

- In contrast, the patient's behavior history outside of the period when the infection may have been passed to others (April 9 and earlier) is not believed to be necessary for preventing the spread of infection, so it has not been publicized.