

April 14, 2020 Novel Coronavirus Case in Tochigi Prefecture (Case No. 37)

Active Epidemiological Investigation (Report No. 1)

April 15, 2020

The confirmed results of the active epidemiological investigation of the case of novel coronavirus (Case 37) declared on April 14 in Tochigi Prefecture are as follows. *The information announced today is underlined.

【Patient Summary (Case 37)】

1. Age: 60s
2. Sex: Male
3. Residential area: Tochigi City
4. Symptoms and progression:

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| April 9 | Fever (38°C range) |
| April 10 | Fever (37°C range). Examined at Medical Institute A in Tochigi City and prescribed medication including antibiotics for inflammation of the upper respiratory tract. |
| April 11 | Fever (37°C range) |
| April 12 | Fever (38°C range) |
| April 13 | Chest pain, diarrhea, stomach pain, fatigue, fever (37°C range) present. Called Medical Institute A, then contacted the Prefectural South Health and Welfare Center (hereinafter “Center”). Consulted by phone with Medical Institute B in Tochigi City, then was referred to Medical Institute C in Tochigi City and examined. Medical Institute C contacted the Center and samples were collected. |
| April 14 | Chest pain on the left, diarrhea, loss of appetite, fever (37°C range). Tested via PCR and confirmed positive. |
| April 15 | <u>Hospitalized at a medical institution in Tochigi Prefecture.</u> |

5. Patient Behavior History

*Traveled by car and wore a mask after symptoms started.

- No history of travel overseas.
- Went to work at a restaurant in Tochigi City on April 10 and 11 (The patient works primarily in the kitchen and always wears a mask). No contact with anyone in particular.
- Briefly shopped in Tochigi City on April 12. No contact with anyone in particular.
- Stayed home afterward except for medical examinations and did not take any action or have any contact that would notably increase the risk of infection.

6. People in Close Contact with the Patient

• None, as the patient lives alone and has only brief contact with work colleagues while all parties wear masks.

• None in the medical facilities due to appropriate infection prevention measures.

7. Philosophy on Publicizing Case Details

• We believe it is necessary to create a balance between protecting patient privacy and publicizing patient information that is needed for preventing the spread of infection.

• The patient's behavior history during the period when the infection may have been passed on to others (beginning on April 9) has been publicized within the scope necessary to prevent the spread of infection.

• In contrast, the patient's behavior history outside of the period when the infection may have been passed to others (April 8 and earlier) is not believed to be necessary for preventing the spread of infection, so it has not been publicized.