

March 5, 2020 Novel Coronavirus Case in Tochigi Prefecture (Case No. 4)

Active Epidemiological Investigation (Report No. 1)

March 20, 2020

The confirmed results of the active epidemiological investigation of the case of novel coronavirus (Case 4) declared today (March 20) in Tochigi Prefecture are as follows. *The information announced today is underlined.

【Patient Summary】

1. Age: 50s
2. Sex: Male
3. Residential area: In the service area of the Tochigi Prefectural South Health and Welfare Center (hereinafter “Center”)

4. Symptoms and progression:

March 16 Chills around 3 PM, no fever.

March 17 No chills or fever

March 18 Fever around 4 PM (37.5°C). Called the Center. Measured his temperature during the call and had a slight fever (37.0°C), so was asked to observe his condition for one night due to lack of subjective symptoms and call back.

March 19 The Center called the patient, who reported he had had a fever the previous night (38.8°C). He was instructed to be examined at a medical facility in Tochigi Prefecture (the outpatient clinic for those who have returned from overseas or been in close contact with coronavirus patients). He was examined around 2 PM the same day (wore a mask and traveled by car) and presented with fever (over 38°C) and pneumonia.

March 20 Tested via PCR and confirmed positive. Hospitalized at a designated infectious disease facility in Tochigi Prefecture.

5. Patient Behavior History

March 7 Traveled to Portugal.

March 15 Returned from Portugal. Traveled home from the airport by car (wore a mask).

March 16 Went to work (private company employee. Commuted on foot and wore a mask).

• Chills beginning around 3 PM. Remained at work as normal and wore a mask.

• Work consists of desk work.

*Began taking his temperature regularly due to workplace instructions (Employees must stop coming to work if they have a fever of 37.5°C or above) and did not have a fever.

March 17 Chills, no fever. Consulted with company and decided to stay home just in case.

March 18 Remained at home. Developed a fever around 4 PM (37.5°C).

6. People in Close Contact with the Patient

• As of now, only the patient's wife (no symptoms) has been in contact with the patient. She was tested via PCR on March 20 and confirmed negative.

• None in the patient's workplace. Colleagues have been instructed to observe their condition for 14 days.

• The following is requested of anyone who has been in close contact with the patient:

1. Remain on standby at home until you have received a clear test result
2. If you have no symptoms and you have tested negative, observe your condition for 14 days beginning on the last day you had contact with the patient
3. If you develop symptoms, contact the Center and receive examination

7. Philosophy on Publicizing Case Details

• We believe it is necessary to create a balance between protecting patient privacy and publicizing patient information that is needed for preventing the spread of infection.

• The patient's behavior history during the period when the infection may have been passed on to others (beginning on March 17) has been publicized within the scope necessary to prevent the spread of infection.

• In contrast, the patient's behavior history outside of the period when the infection may have been passed to others (March 16 and earlier) is not believed to be necessary for preventing the spread of infection, so it has not been publicized.