

April 17, 2020 Novel Coronavirus Case in Tochigi Prefecture (Case No. 43)

Active Epidemiological Investigation (Report No. 2)

April 19, 2020

The confirmed results of the active epidemiological investigation of the case of novel coronavirus (Case 43) declared on April 17 in Tochigi Prefecture are as follows. The information announced today is underlined.

【Patient Summary (Case 43)】

1. Age: 50s
2. Sex: Female
3. Residential area: Tochigi City
4. Symptoms and progression:

April 9	Fever (37°C range) at night.
April 10	Fever (38°C range). Examined at Medical Institute A in Tochigi City, prescribed medication including antibiotics.
April 11	Fever (38°C range), sore throat, fatigue.
April 12-14	Fever (36-37°C range) and loss of smell in addition to the above symptoms.
April 13	Consulted with Medical Institute A by phone, instructed to wait and observe symptoms until April 15.
April 15	Fever decreased. Consulted with Medical Institute A by phone and asked about PCR testing, but testing was not carried out. Afterward, the patient contacted the Prefectural South Health and Welfare Center (hereinafter “Center”).
April 16	Examined at Medical Institute B in Tochigi City. Referred by Medical Institute B to the Center; samples taken.
April 17	Tested via PCR and confirmed positive. Hospitalized at a medical institution in Tochigi Prefecture.
5. Patient Behavior History
 - Worked at an elementary school in Tochigi City on April 9 (wore a mask). No contact with children.
 - Remained at home from April 10-17 other than for medical examinations.
 - No history of travel overseas or outside of Tochigi Prefecture.
6. People in Close Contact with the Patient
 - Four family members who don't live with the patient (daughter, daughter's husband, and

two grandchildren) and two of the patient's colleagues were in close contact with the patient. The patient's daughter and two grandchildren were tested via PCR on April 17 and confirmed negative. The colleague tested via PCR on April 19 was confirmed positive (Case 45). The daughter's husband and other colleague were confirmed negative.

- None in the medical facilities due to appropriate infection prevention measures.

7. Philosophy on Publicizing Case Details

- We believe it is necessary to create a balance between protecting patient privacy and publicizing patient information that is needed for preventing the spread of infection.
- The patient's behavior history during the period when the infection may have been passed on to others (beginning on April 9) has been publicized within the scope necessary to prevent the spread of infection.
- In contrast, the patient's behavior history outside of the period when the infection may have been passed to others (April 8 and earlier) is not believed to be necessary for preventing the spread of infection, so it has not been publicized.