

March 25, 2020 Novel Coronavirus Case in Tochigi Prefecture (Case No. 9)
Active Epidemiological Investigation (Report No. 1)

March 26, 2020

The confirmed results of the active epidemiological investigation of the case of novel coronavirus (Case 9) declared on March 25 in Tochigi Prefecture are as follows. *The information announced today is underlined.

【Patient Summary (Case 9: Wife of Tochigi Prefecture Case 8)】

1. Age: 50s
2. Sex: Female
3. Residential area: In the service area of the Tochigi Prefectural West Health and Welfare Center (hereinafter “Center”)
4. Symptoms and progression:

March 20	Pharyngeal and joint pain
March 22	Fever (37.7°C range). Used over the counter fever reducers and did not have a fever again.
March 25	Normal temperature (36.8°C), but because her fever occurred on the same day as Case 8’s (March 22), she was examined at Medical Institute B in Tochigi Prefecture. No pneumonia, but tested via PCR and confirmed positive.
March 26	<u>Hospitalized at Medical Institute C in Tochigi Prefecture as of 1 PM.</u> <u>Symptoms have stabilized as of now.</u>

5. Patient Behavior History

*Traveled by car or by walking and wore a mask.

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| <u>March 20-25</u> | <u>Went for a walk for about one hour in the morning and again in the evening.</u> |
| <u>March 21</u> | <u>Shopped briefly at three stores in the service area of the Center.</u> |
| <u>March 23</u> | <u>Shopped briefly at four stores in the service area of the Center.</u> |
| <u>March 24</u> | <u>Shopped briefly at one store in the service area of the Center.</u> |
| <u>March 25</u> | <u>After being examined at Medical Institute B, shopped briefly at two stores in the service area of the Center.</u> |

6. People in Close Contact with the Patient

- As of now, the patient’s husband (Case 8) and child (no symptoms) were in close contact with the patient. The child was tested via PCR on March 26 and confirmed negative.
- None in the medical facility from March 25 due to appropriate infection prevention

measures.

- No contact with anyone in particular while going out on March 20-25. Wore a mask.
- The following is requested of anyone who has been in close contact with the patient:
 1. Remain on standby at home until you have received a clear test result
 2. If you have no symptoms and you have tested negative, observe your condition for 14 days beginning on the last day you had contact with the patient
 3. If you develop symptoms, contact the Center and receive examination

7. Philosophy on Publicizing Case Details

- We believe it is necessary to create a balance between protecting patient privacy and publicizing patient information that is needed for preventing the spread of infection.
- The patient's behavior history during the period when the infection may have been passed on to others (beginning on March 20) has been publicized within the scope necessary to prevent the spread of infection.
- In contrast, the patient's behavior history outside of the period when the infection may have been passed to others (March 19 and earlier) is not believed to be necessary for preventing the spread of infection, so it has not been publicized.