

## WARNING!! BE AWARE OF BEAR

## 1. How to avoid encountering bears

- Alert bears that you are nearby, using bear bells and playing the radio.
- If you see a bear cub, walk away as the parent bear is nearby.
- Avoid going outside during dusk and early morning hours.
- Hike a mountain trail many hikers use and avoid to act off Course.
- Make sure your food waste, or garbage a bear might see as food, is disposed of safely.

## 2. What to do when you encounter a bear

- Keep your eye on the bear and back away slowly.
- Never show your back and run.
- If you are suddenly attacked by a bear, guard your face and head with arms to avoid serious injury.

Nature Preservation Division, Tochigi Prefectural Government