



# **WARNING!!**

## **BE AWARE OF BEAR**

### **1. How to avoid encountering bears**

- Alert bears that you are nearby, using bear bells and playing the radio.
- If you see a bear cub, walk away as the parent bear is nearby.
- Avoid going outside during dusk and early morning hours.
- Hike a mountain trail many hikers use and avoid to act off course.

### **2. What to do when you encounter a bear**

- Keep your eye on the bear and back away slowly.
- Never show your back and run.
- If you are suddenly attacked by a bear, guard your face and head with arms to avoid serious injury.

Nature Preservation Division,  
Tochigi Prefectural Government